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Home Reset Checklist

Room-by-room checklists and simple routines to make home care feel manageable.

A little reset, one room at a time.

YOUR NAME: _____

A practical, easy-to-use printable. Print on A4 paper at 100% / Actual Size.

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START HERE

Choose your starting point

Date: _____ Time available: 15 / 30 / 60 minutes Focus room: _____

CHECKLIST
■ Kitchen
■ Bathroom
■ Bedroom
■ Living room
■ Laundry
■ Entryway
■ Work area
■ Storage
■ Balcony / outdoor
■ Other

MY ONE MUST-DO TASK

Kitchen

Tick what you complete. Skip anything that does not apply.

CHECKLIST
■ Clear counters and put items away
■ Wipe counters and table
■ Clean sink and tap
■ Check fridge for old food
■ Wipe appliance fronts
■ Sweep and mop floor
■ Empty bin
■ Restock everyday essentials
■ Clean microwave inside
■ Plan grocery needs

SUPPLIES NEEDED / ITEMS TO RESTOCK

NOTES FOR NEXT TIME

Bathroom

Tick what you complete. Skip anything that does not apply.

CHECKLIST
■ Put toiletries away
■ Clean basin and tap
■ Clean mirror
■ Clean toilet
■ Rinse shower / bath area
■ Replace hand towels
■ Empty bin
■ Restock soap and tissue
■ Sweep and mop floor
■ Check cleaning supplies

SUPPLIES NEEDED / ITEMS TO RESTOCK

NOTES FOR NEXT TIME

Bedroom

Tick what you complete. Skip anything that does not apply.

CHECKLIST
■ Make the bed
■ Put clothes in laundry / wardrobe
■ Clear bedside table
■ Dust surfaces
■ Change bed linen if needed
■ Organise shoes and bags
■ Empty bin
■ Sweep or vacuum floor
■ Prepare clothes for tomorrow
■ Put away stray items

SUPPLIES NEEDED / ITEMS TO RESTOCK

NOTES FOR NEXT TIME

Living Room

Tick what you complete. Skip anything that does not apply.

CHECKLIST
■ Return items to their places
■ Clear coffee table
■ Dust surfaces
■ Straighten cushions and throws
■ Wipe remote controls
■ Tidy books and magazines
■ Clean visible glass
■ Sweep or vacuum floor
■ Water plants if needed
■ Reset room for tomorrow

SUPPLIES NEEDED / ITEMS TO RESTOCK

NOTES FOR NEXT TIME

Laundry & Utility

Tick what you complete. Skip anything that does not apply.

CHECKLIST
■ Sort laundry by load
■ Check pockets
■ Start one load
■ Hang or dry clean clothes
■ Fold and put away laundry
■ Wipe washer / dryer exterior
■ Clean lint filter if applicable
■ Restock detergent
■ Clear utility surfaces
■ Check supplies

SUPPLIES NEEDED / ITEMS TO RESTOCK

NOTES FOR NEXT TIME

WEEKLY HOME RHYTHM

A routine that fits your week

DAY	QUICK RESET	DONE
Monday		■
Tuesday		■
Wednesday		■
Thursday		■
Friday		■
Saturday		■
Sunday		■

WEEKLY DEEP-CLEAN TASK (OPTIONAL)

Keep the home running smoothly

CHECKLIST
■ Check pantry and expiry dates
■ Review cleaning supplies
■ Wash reusable bags
■ Clean one neglected corner
■ Review household maintenance
■ Check bulbs / batteries
■ Sort one drawer or shelf
■ Plan seasonal tasks
■ Donate or recycle unused items
■ Update household shopping list

REPAIRS / MAINTENANCE TO FOLLOW UP

NEXT MONTH'S HOME PRIORITY