PRINTLY • DIGITAL PRINTABLE COLLECTION

The Weekly Reset Planner

A calm, practical planner for priorities, daily plans and weekly reflection.

A calmer week starts with one clear page.

YOUR NAME: _____

A practical, easy-to-use printable. Print on A4 paper at 100% / Actual Size.

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START HERE

How to use this planner

Choose a few priorities, keep daily lists realistic and use the reflection pages to learn what works.

- Print a fresh weekly set whenever you need a reset.
- Use the daily pages for the days that matter most.
- Leave room for rest, family and unexpected tasks.

Your week at a glance

Week of: _____ Main focus: _____

DAY	TOP PRIORITY	APPOINTMENTS / NOTES
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		
SUNDAY		

THE ONE THING I WANT TO MAKE PROGRESS ON

Make room for what matters

PRIORITY	WHY IT MATTERS	NEXT SMALL STEP	DONE
1			■
2			■
3			■
4			■
5			■

WHAT CAN WAIT UNTIL LATER?

Monday — made intentional

Date: _____ Today's energy (1–5): 1 2 3 4 5

TOP 3 PRIORITIES	TASKS / REMINDERS
1. _____	■ _____
2. _____	■ _____
3. _____	■ _____

APPOINTMENTS / TIME BLOCKS

ONE THING I DID WELL TODAY

A NOTE TO MYSELF

Tuesday — made intentional

Date: _____ Today's energy (1–5): 1 2 3 4 5

TOP 3 PRIORITIES	TASKS / REMINDERS
1. _____	■ _____
2. _____	■ _____
3. _____	■ _____

APPOINTMENTS / TIME BLOCKS

ONE THING I DID WELL TODAY

A NOTE TO MYSELF

Wednesday — made intentional

Date: _____ Today's energy (1–5): 1 2 3 4 5

TOP 3 PRIORITIES	TASKS / REMINDERS
1. _____	■ _____
2. _____	■ _____
3. _____	■ _____

APPOINTMENTS / TIME BLOCKS

ONE THING I DID WELL TODAY

A NOTE TO MYSELF

Thursday — made intentional

Date: _____ Today's energy (1–5): 1 2 3 4 5

TOP 3 PRIORITIES	TASKS / REMINDERS
1. _____	■ _____
2. _____	■ _____
3. _____	■ _____

APPOINTMENTS / TIME BLOCKS

ONE THING I DID WELL TODAY

A NOTE TO MYSELF

Friday — made intentional

Date: _____ Today's energy (1–5): 1 2 3 4 5

TOP 3 PRIORITIES	TASKS / REMINDERS
1. _____	■ _____
2. _____	■ _____
3. _____	■ _____

APPOINTMENTS / TIME BLOCKS

ONE THING I DID WELL TODAY

A NOTE TO MYSELF

Saturday — made intentional

Date: _____ Today's energy (1–5): 1 2 3 4 5

TOP 3 PRIORITIES	TASKS / REMINDERS
1. _____	■ _____
2. _____	■ _____
3. _____	■ _____

APPOINTMENTS / TIME BLOCKS

ONE THING I DID WELL TODAY

A NOTE TO MYSELF

Sunday — made intentional

Date: _____ Today's energy (1–5): 1 2 3 4 5

TOP 3 PRIORITIES	TASKS / REMINDERS
1. _____	■ _____
2. _____	■ _____
3. _____	■ _____

APPOINTMENTS / TIME BLOCKS

ONE THING I DID WELL TODAY

A NOTE TO MYSELF

Close the week with clarity

THREE WINS FROM THIS WEEK

WHAT FELT DIFFICULT — AND WHAT DID I LEARN?

WHAT WILL I DO DIFFERENTLY NEXT WEEK?

SOMETHING I AM GRATEFUL FOR